

TORBAY RAMBLING CLUB

Disclaimer and Acceptance of Risk.

1/ Personal responsibility and risk.

By participating in any walk or event organised by the Torbay Rambling Club you acknowledge that you have read, understood and voluntarily agree to this disclaimer.

Walking is generally a safe activity. However, as with other activities, it carries certain risks. You accept that coastal, hill, moor, country and urban walking is an outdoor activity with the possibility of inherent and unavoidable risks of accident, injury and personal loss or damage.

You agree that you are responsible for your own safety and for assessing the suitability of your equipment and fitness for each walk. Your participation in any walk is entirely voluntary.

You will not be under the influence of alcohol or drugs other than those prescribed to you by a medical professional. (See also 4/ Medical conditions)

2/ Walk Leaders.

Our walks are organised and led by general club members who volunteer their time for the benefit of fellow club members, often at their own expense. They are not trained, certified guides and hold no recognised walk leader qualifications.

Whilst, as in any walk of life, they have a duty of care towards you, you also have a duty of care to your fellow walkers.

The Club does not provide or require its walk leaders to undertake first aid training. Their primary role is to provide detailed information about the walk and lead the group along a predetermined route as described in the information provided. The walk leader's decision on the day is final, particularly concerning the suitability of a participant to complete the walk based on their equipment, fitness level or any other matter the walk leader considers relevant.

3/ Fitness and Equipment.

You are solely responsible for ensuring that you have a suitable level of fitness and stamina to complete your chosen walk. You must be properly equipped, as described on the Torbay Rambling Club website, with appropriate clothing, footwear, and any other necessary gear/equipment for the terrain and weather conditions. You are also required to bring sufficient food and drink for your personal needs on your chosen walk. It is also advised that you carry your own, personal first aid kit.

4/ Medical Conditions.

All walkers must, without exception, take full responsibility for their own medical conditions. The club would advise any walker who has a new or existing chronic condition and/or disability to seek medical advice from their GP regarding their tolerance and suitability for walks. All walkers are personally responsible for their own medical needs and medical treatments / devices and should be fully competent to self-administer all their own prescribed medications. The club advises all walkers to carry an up-to-date list of medical conditions including any allergies and prescribed medications which can be accessed by the walk leader in the event of illness or incident.

5/ Non-members and Guests.

Non-members are welcome to join us for a limited number of walks on a trial basis. However, all participants, including guests, must sign this disclaimer before joining a walk.

6/ Changes to Walk Plans.

Walk routes are subject to change, even during the walk, due to adverse weather conditions, pace of the group, or other unforeseen circumstances. The walk leader will make all the decisions regarding route changes or the termination of a walk. Should you disagree with the decision of the walk leader, you are under no obligation to continue with a walk and must follow the procedure to leave the walk as described below.

7/ Leaving the Walk.

If you decide to leave the organised group at any point during the walk, you must inform the walk leader or back marker. You must accept that from that moment, the walk leader and the club cease to have any responsibility or liability for you.

8/ Dogs.

Dogs can be taken on walks subject to the permission of the walk leader. Any dog brought on a walk is your sole responsibility and must be under your control and on a short, static lead at all times.

9/ Insurance.

The Club has Public Liability insurance. You should be aware that this does not cover you for personal injury. You may, therefore, wish to consider purchasing your own Personal Injury insurance.

I have read and agree to the above condition.

Print Name

Signature.....

Date.....